



NEWS RELEASE

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FOR IMMEDIATE RELEASE

City of Las Vegas October 2006 Senior Activities

(City of Las Vegas senior centers are closed Oct. 27. All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most require \$2 annual membership to City of Las Vegas Senior Programs.)

Sports Galore (all ages)

Fees: vary; some are free with \$2 annual membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Texas Station; pickle ball, table tennis, bocce, golf, paddle tennis, open basketball, basketball leagues, volleyball, hiking and weight training. Call for days and times.

New Tennis Classes (ages 50+)

Mondays, 10 to 11 a.m.

Fee: \$10 per month.

Lorenzi Park Courts, 3343 West Washington Avenue, (702) 229-6601.

Bring your tennis racquet and water and be prepared to practice your forehand, backhand and serve.

Municipal Pool Activities (ages 2-adult)

Municipal Pool, 431 East Bonanza Road, (702) 229-6309.

Available activities year-round include first aid and lifesaving; water safety and lifeguard training for instructors; learn-to-swim classes, water aerobics, arthritis water exercise, and aquatic therapy for stroke patients and those with other functional deficits. Fees vary.

Free Open Table Tennis (ages 50+)

Mondays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Monday through Friday, noon to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 8 a.m. to noon

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Paddle Tennis (ages 50+)

Mondays, Tuesdays and Thursdays, 7:39 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Bocce & Horseshoes (ages 50+)

Bocce Mondays and Wednesdays, 10 a.m. to noon

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Free Low-Impact Aerobics (ages 50+)

Tuesdays and Thursdays, 9 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

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Jazzy Free Low-Impact Aerobics (ages 50+)

Tuesdays and Thursdays, 2:30 to 3:30 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

In Balance Training with Doris (ages 50+)

Tuesdays, 11 a.m. to noon

Fee: \$3 per class. A mixture of yoga, Pilates, Feldenkries, resistance bands, weights and chi ball.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Stability Ball Training with Doris (ages 50+)

Tuesdays, Wednesdays and Thursdays, 9 a.m.

Fee: \$2 per class. A mix of aerobics, yoga, Pilates, meditation, light weights and more.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Fitness After 50 Aerobics with Mary Lou (ages 50+)

Mondays and Fridays, 9 a.m.

Fee: \$2 per class

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Sit & Fit Cardio Exercise (ages 50+)

Mondays, 8:30 to 9:30 a.m.

Fee: \$3 per class. Aerobic chair exercise to improve cardiovascular fitness, burn fat, tone muscle.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Mat Pilates Class (ages 50+)

Thursdays, 11 a.m. to noon

Fee: \$18 for six-week class.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Pilates (ages 50+)

Mondays and Wednesdays at noon

Fee: \$3 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

A certified instructor teaches you to improve your core strength, agility and flexibility, regardless of age or current condition.

Tai Chi (ages 50+)

Fee: \$3 per class. Pre-registration required.

Tuesdays and Thursdays, 9 a.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Wednesdays at 2 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Wednesdays, 10 a.m., with instructor Billie Ann Sabala.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Fridays, 11 a.m. to noon

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Thursday, 9 to 10 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

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Yoga with Deborah (ages 50+)

Mondays at 9:30 a.m.

Fee: \$3 per class

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Personal Training Fitness Assessments (ages 50+)

Mondays and Tuesdays, by appointment. Call 229-1604 for appointment.

Fee: \$10.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Jennifer Rose Campbell, B.S., will assess your fitness level, blood pressure, resting heart rate and cardiovascular health, help you set fitness goals and give a resistance training session at the Mirabelli Community Center next door.

Circuit Training Exercise Class (ages 50+)

Wednesdays, 9 to 10:30 a.m., except last Wednesday of each month.

Fee: \$3 per class.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Learn the proper use of exercise machines, using a circuit-training format for increased heart rate and weight loss. Instructor Jennifer Rose Campbell, B.S.

Fitness Room (ages 50+)

Monday through Friday, 8:30 a.m. to 5 p.m., Saturdays, 9 a.m. to 5 p.m.

Free with center membership

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Equipment includes Gazelle, treadmills, bicycles and Universal weight machines.

Free Senior Fitness (ages 50+)

Tuesdays and Thursdays, 10 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Strength Training Class (ages 50+)

Mondays, Wednesdays and Fridays, 9 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Strength and Flexibility Training (ages 50+)

Tuesdays and Thursdays, 9 to 10 a.m.

Fee: \$1 per class. Increase flexibility for greater range of motion and strength using hand weights.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Mat and Stand up Exercise (ages 50+)

Mondays, Wednesdays and Fridays at 9 a.m.

Fee: \$1 per class. Use light weights to build strength and endurance.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Free Hot to Trot Walking Club (ages 50+)

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Walk To Be Fit Group (ages 50+)

Wednesdays, 8 to 9 a.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Walk in beautiful Lorenzi Park with new friends to improve your fitness.

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Free Walking Group (ages 50+)

Tuesdays and Thursdays at 8 a.m. in the center's air-conditioned ballroom.
East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Free Walk & Talk Walking Club (ages 50+)

Monday through Friday at 8 a.m.
Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Chair Fitness Class (ages 50+)

Tuesdays and Thursdays, 10 a.m.
Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Chair Exercise with Kelly (ages 50+)

Mondays, Wednesdays and Fridays at 10 a.m.
Fee: \$1 per class
East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Yoga Stretch (ages 50+)

Mondays, Wednesdays, Fridays at 9 a.m.
Fee: \$3 per class
Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Free Sports Forum

Mondays, 9:30 to 10:30 a.m.
East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.
Coffee and donuts will be available to sports fans who want to rehash the football games together.

Bowling at Santa Fe Hotel (ages 50+)

Mondays, 10 a.m.
Fee: \$2.25 for 3 games, plus shoe rental
Doolittle Senior Center, 1950 North J Street, (702) 229-6125.
Meet at the Santa Fe bowling alley at 9:30 a.m.

Free Tole Painting Class (ages 50+)

Thursdays, 2 p.m.
Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

TOPS (Take Off Pounds Sensibly) (ages 50+)

Thursdays at 9:30 a.m. This support group helps participants with their weight loss programs.
Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Thursdays, 8 to 10 a.m., Free
Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Compulsive Eaters Anonymous (ages 50+)

Mondays and Tuesdays, 9:30 to 11 a.m. or Thursdays 2 to 3:30 p.m.
Fee: To be determined
Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.
Twelve-step program for compulsive eaters.

Free Diabetes Prevention Group (ages 50+)

Wednesdays, 1 p.m.
East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

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Free Senior Singles Social (ages 50+)

1st Wednesdays each Month, 1:30 to 3 p.m.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Free Singles Social Club (ages 50+)

Thursdays, 6 to 9 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy fun activities like learning to shoot pool, the latest dance steps, from a master gardener or from a qualified mechanic.

Free Senior Singles Mingle Club (ages 50+)

1st Wednesday each Month at 2 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Meet new people and join fellow singles to socialize and attend functions.

Free Round Table Discussion Group (ages 50+)

Wednesdays, 10 a.m. Enjoy weekly guest speaker or meeting and lunch. Call for details.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Red Hat Society (ages 50+)

Days and times vary. Call center nearest you to learn what group meetings are available.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Daughters of the Utah Pioneers Meetings

2nd Monday of the Month at noon

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Community Gardens (ages 50+)

Doolittle Senior Center Community Garden, 1200 block of Blankenship, (702) 229-6125.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Work in the community gardens to reap benefits of fresh vegetables, fruits and flowers.

Free Ask the Master Gardener Classes (ages 50+)

Thursdays, 10 to 11 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Informative hands-on gardening class by UNR Cooperative Extension master gardener Pat Westlund.

Free Woodcarving and Wood-burning Group (ages 50+)

Tuesdays, 10 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Nimble Thumbs Knitting/Crochet Club (ages 50+)

Wednesdays, 11 a.m. to 1 p.m.

Free with senior membership card.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Work on individual projects while socializing with friendly group of creative knitters and crocheters.

Free Crochet & Knit Group (ages 50+)

Mondays at 1 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Knit & Crochet (ages 50+)

Mondays, 9 to 11 a.m.

Fee: \$1 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Free Knitting & Crocheting Group (ages 50+)

Tuesdays and Thursdays, 10 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Teddy Bear Club (ages 50+)

Wednesdays at 12:30 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Call for information or just drop in.

Free Sewing Lessons with Lillian (ages 50+)

Wednesdays 12:30 to 2 p.m. and Saturdays 2 to 3:30 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Bring your sewing machine or use ours. Learn to sew, use a pattern and more. Bring material to make something new or anything that needs work.

Quilting (ages 50+)

Wednesdays, ages 10 a.m. to noon.

Fee: \$3 per class. Sewing machines are available for use at the center.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Quilting (ages 50+)

Fridays at 1 p.m.

Fee: \$3 per class

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Porcelain Doll-making Class (ages 50+)

Tuesdays, 1 p.m.

Fee: \$3 per class

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Acrylic Painting (ages 50+)

Tuesday, 9 a.m.

Fee: \$3

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Oil Painting and Watercolor Classes (ages 50+)

Thursdays at noon for Watercolor; Fridays at 9 a.m. for Oil Painting

Fee: \$3 per class. Supply list is available at the center.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Cheiko's Oil Painting & Pastels (age 50+)

Mondays, 10 a.m. to 2 p.m.; Tuesdays and Fridays, 9 a.m. to 1 p.m.

Fee: \$3 per class. For intermediate to advanced painters.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

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Oil Painting Classes (ages 50+)

Tuesdays, 1 to 3 p.m.

Fee: \$3 per class

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Watercolor Classes (ages 50+)

Fridays, 11:30 a.m. to 1:30 p.m.

Fee: \$3 per class

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free-style Drawing (ages 50+)

Fee: \$3 per class

Mondays, 1 p.m., at Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Mondays, 10 a.m. to noon, Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Thursdays, 1 p.m., at

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Wax In-lay Beading (ages 50+)

Fee: \$3 per class, plus materials.

Thursdays at 9:30 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Create works of art from eggs, gourds and masks using beads, wax, a stick and creativity.

Tuesdays, 1 to 3 p.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Ceramics (ages 50+)

Tuesdays, 9 to 11 a.m.

Fee: \$3 per class, plus materials

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Make vases, figurines, plates, holiday items and more. Learn every aspect of ceramics from greenware to glazing. All skill levels welcome at any time.

Free Dominoes (ages 50+)

Weekdays 8:30 a.m. to 5 p.m., Saturdays 9 a.m. to 5 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Mah Jongg (ages 50+)

Fridays at noon, Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Wednesdays at noon, Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Free Scrabble Club (ages 50+)

Friday, October 13, 12:30 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Free Bunco Party

Tuesdays, 10 to 11 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Free Bunco Club

Third Wednesday of each month, 1 to 3 p.m.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

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Free Card Playing (ages 50+)

Duplicate Bridge clubs meet Mondays, Wednesdays and Saturdays. New members are welcomed. Call for information and help forming new partnerships. \$2 annual membership fee.
Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Double-deck Pinochle weekdays 8:30 a.m. to 5 p.m., Saturdays 9 a.m. to 5 p.m.
Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Canasta Mondays and Wednesdays, from 12:30 to 4 p.m.
Cribbage Tuesdays and Thursdays from 10 a.m. to 4 p.m.
East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Cribbage Mondays, Wednesdays and Fridays, 9 a.m. to noon
Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bridge Club on Mondays from noon to 3 p.m.
Pinochle Club on Wednesdays and Fridays from noon to 3 p.m.
Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Pinochle Mondays at 10 a.m.
Canasta Thursdays at 10 a.m. and Fridays at 12:30 p.m.
Party Bridge Fridays at 9 a.m.
Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Party Bridge on Mondays at 10 and 11:30 a.m.; Thursdays at 11:15 a.m.
Duplicate Bridge on Tuesdays at 11:30 a.m.
Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Free Kings in the Corner/ Scrabble Club (ages 50+)

2nd and 4th Wednesdays, 12:30 p.m.
Doolittle Senior Center, 1950 N. J Street, (702) 229-6125.

Free Bingo (ages 50+)

Tuesdays, Thursdays and Saturdays at noon
Doolittle Senior Center, 1950 North J Street, (702) 229-6125.
Pick up your favorite bingo cards and play for prizes.

Guitar Classes (ages 50+)

Mondays at 1 p.m. for intermediate players; Tuesdays at 1 p.m. for beginners.
Fee: \$4 per class
Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Guitar Classes (ages 50+)

Thursdays, 4 p.m.
Fee: \$3 per class
Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Free Sing-A-Long with Las Vegas Fun Time Singers (ages 50+)

Fridays, 1 p.m.
Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Weekly Saturday Night Dance with Boyd Coulter's Good Times Band

Saturdays, 6:30 to 9:30 p.m.
Fee: \$4 per person
Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

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Free Country Western Line Dancing (ages 50+)

Mondays, 10 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Soul Line Dancing (ages 50+)

Fridays, 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Do You Remember That Dance? (ages 50+)

Fridays 2 to 4:30 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Dancing Lessons (ages 50+)

Ballroom Dancing, Thursdays, 1 to 3 p.m. (\$5 per class)

Line Dancing, Fridays at 11 a.m. (\$3 per class)

Tap Dancing, Monday at 11:30 a.m. and Thursdays at 10 a.m. (\$5 per class)

Korean Folk Dance, Tuesdays and Wednesdays at 11:30 a.m., (free)

Square Dance Lessons, Tuesdays at 7 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Dancing Lessons (ages 50+)

Tap Dancing, Mondays 11 a.m. to 1 p.m.; Tuesdays 10 a.m. to noon; Fridays, 10 a.m. to noon; \$5

Intermediate/Advanced Tap Dancing, Thursdays noon to 2 p.m.; Free

Round Dancing, Sundays, 6 to 8 p.m.; Free

Jazz Dancing, Wednesdays and Saturdays, 2 to 3 p.m.; Free

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Ballroom and Swing Dance (ages 50+)

Wednesdays, 1 to 3 p.m.; Saturdays, 2 to 4 p.m.

Fee: \$5 per class

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Ballroom Dance (ages 50+)

Fridays, 12:30 to 2:30 p.m.

Fee: \$4 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Line Dancing (ages 50+)

Tuesdays, 10:30 to 11:30 a.m.

Fee: \$3 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Hula Dancing Lessons (ages 50+)

Wednesdays, 1:30 to 2:30 p.m. (beginning); 3 to 4 p.m. (advanced)

Fee: \$3 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Gotta Dance Class (ages 50+)

Fridays, 1 to 2 p.m.

Fee: \$3 per class. No partner needed. Learn a variety of dance styles in line-dance format.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

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Belly Dancing (ages 50+)

Fridays, 11 a.m. to noon, with instructor Jasmine Gamal.

Fee: \$3 per class

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

The Yin & Yang of Self (ages 50+)

Mondays, 11 a.m. to 12:30 p.m.

Fee: \$3 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Explore life's physical, emotional, mental and spiritual aspects.

Free Humanities Discussion Group (ages 50+)

Thursdays at 10 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy a wide variety of speakers and topics. Refreshments served each week.

Free Doolittle Senior Book Club (ages 50+)

Thursday, October 26, 2 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Enjoy reading and lively discussions about a different book each month.

Free New Reading Adventures Group (ages 50+)

Fridays, at 7 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Writing for Pleasure (ages 50+)

Fridays, 10 a.m. to noon

Fee: \$3 per class

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Spanish Language Classes (ages 50+)

Beginning Spanish Fridays at 9 a.m.; Intermediate Spanish Fridays at 10 a.m.

Fee: \$3 per class. Register in advance.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Spanish for Everyday Communication

Mondays, 8 to 9 a.m.

Fee: \$3

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Beginning Spanish (ages 50+)

Tuesdays at 2 p.m. and Thursday at 9 a.m.

Fee: \$2 per class

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Conversational Spanish (ages 50+)

Thursdays, 2 to 3 p.m. Call for start date.

Fee: \$18 per 6-week session. Pre-registration required.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Conversational French (ages 50+)

Mondays, 2 to 3 p.m. Call for start date.

Fee: \$18 per 6-week session. Pre-registration required.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

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eBay Classes (ages 50+)

Introduction to eBay – Thursdays, 9 to 10:30 a.m., beginning October 5.

eBay Savvy – Thursdays, 10:30 a.m. to noon, beginning October 5.

Fee: \$20 for four-week course. Pre-registration required.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Free Open Computer Lab (ages 50+)

Monday, Wednesday and Friday, 8 a.m. to 8 p.m.; Tuesdays 8 a.m. to noon; Thursdays 5 to 8 p.m.;

Saturdays 8 a.m. to 3 p.m. Senior center membership required. Maximum use 2 hours per day.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Mondays, Thursdays, Saturdays and Sundays, 8 a.m. to 9 p.m. Closed during class times.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Free Open Computer Lab (ages 50+)

Mondays, Thursdays, Fridays, 1:30 to 3:30 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Thursdays, 9 a.m. to 2 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Monday through Friday, 8 a.m. to 4 p.m., except during computer classes.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Computer Classes (ages 50+)

Basic Computers and Word for Beginners, Tuesday and Thursday, 1 to 2:30 p.m.

Intermediate Computers – Internet and E-mail, Tuesday and Thursday, 3 to 4:30 p.m.

Fee: \$15 each for a four-week course. Classes begin October 3. Pre-registration required.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Computer Basics; 4-week course, Fridays 2-3 p.m., English or Spanish.

Computer Microsoft Word, Excel and Internet Access; 4-week course, Saturdays 2-3 p.m.

Fee: \$15/4 weeks. Classes start at the beginning of each month. Pre-registration required.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Level I for Beginners, Mondays and Wednesdays, 10 to 11:30 a.m.

Level II Intermediate Class, Mondays and Wednesdays, 11:45 a.m. to 1:15 p.m.

Level III Advanced Class, Mondays and Wednesdays, 1:30 to 3 p.m.

Fee: \$15 per four-week course. Classes start at the beginning of each month. Register in advance.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Introduction to Computers/Windows/Word, Tuesdays, noon to 1 p.m., beginning October 10.

Internet Classes, Wednesdays, noon to 1 p.m., beginning October 11.

Fee: \$20 per six-week session. Register at least one week before classes begin.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Introduction to Windows, Wednesdays, 1 to 3 p.m.

Microsoft Word, Tuesdays and Thursdays, 11 a.m. to noon.

Internet, Tuesdays and Thursdays, 9:30 to 10:30 a.m.

Fee: \$6 for three-week session, payable in advance. Classes begin at the start of each month.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Health Is Wealth Lectures (ages 50+)

Tuesdays at 1 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

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Hamburger Tuesday (ages 50+)

Tuesdays, 11 a.m. to 1 p.m.

Fee: \$2, plus any extras.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy a quarter-pound sirloin burger, grilled onions, chips and drink, while supplies last.

Healthy Lunch (ages 50+)

Monday through Friday, 11:30 a.m. to noon

Fee: \$2

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Nutritious Lunch Program (ages 50+)

Monday through Friday at 11:30 a.m.

Fee: \$2. No reservation needed.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Free Blood Pressure Checks (ages 50+)

Wednesdays, 9 to 10 a.m. Checked by retired nurse.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Free Blood Pressure Check

First Thursday each month, 9:30 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

NTA Fall Super Senior Tennis League (ages 50+)

Play begins Monday morning, October 2.

Fee: \$30.

Darling Tennis Center, 7901 W. Washington Avenue, (702) 229-2100.

CPR/AED/First-Aid Instruction (ages 50+)

Monday, October 2, 9 a.m.

Fee: \$25. Earn 2-year certification accepted by CCSD.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Red Cross staff teaches CPR and first-aid techniques. Pre-registration is required.

Free Medicare Support & Information Seminar (ages 50+)

Monday, October 2, 9 to 11 a.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

A State of Nevada Medicare counseling representative from SHIP will answer questions about the open enrollment period, your options and other issues.

Seniors in Motion Calico Basin Walkers' Hike (ages 50+)

Tuesday, October 3, 8:30 a.m. departure. Space is limited.

Fee: \$2

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring lunch and water. Pre-registration required.

Free Medicare Counseling & Information Workshop (ages 50+)

Tuesday, October 3, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

A SHIP program representative will offer information, counseling and assistance to Medicare beneficiaries and their families. Appointments are suggested, but not mandatory.

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Flu & Pneumonia Shot Clinic by Mullen Immunization Staff (ages 50+)

Tuesday, October 3, 9 a.m. to noon

Fee: Free with Medicare Part B as primary with no HMO. \$25 flu, \$40 pneumonia all others.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Pancake Breakfast (ages 50+)

Tuesday, October 3, 9:30 to 11:30 a.m.

Fee: \$3, includes pancakes, bacon, sausage, eggs and juice. For another \$1, add a soup lunch.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Flu & Pneumonia Shots (ages 50+)

Tuesday, October 3, 10 a.m. to 2 p.m.

Fee: \$25 flu shot; \$35 pneumonia shot. No charge for those with Medicare or Secure Horizons.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Maxim Healthcare Services will provide staff and shots. Call up to two weeks ahead for forms to fill out in advance. First-come, first-served; no appointments.

Pancake Breakfast (ages 50+)

Thursday, October 5, 9 a.m.

Fee: \$2, includes pancakes, eggs, bacon, hash browns and juice.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Free Health Is Wealth Workshop #16 (ages 50+)

Thursday, October 5, 1 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Retired pharmacist Fred Greenberg discusses foods, vitamins and minerals essential for good health and ways to improve health and vitality.

Free Medicare/State Health Insurance Program Advice (ages 50+)

Friday, October 6, 9 to 11 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Trained Medicare personnel will answer your questions.

Trail Dusters Hike to Lake Mead (ages 50+)

Friday, October 6, 9 a.m. to 3 p.m. Van leaves at 9 a.m. Advance registration required.

Fee: \$2 transportation fee. Bring lunch, water, sunscreen, hat and camera.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Northwest Explorers Logandale Hike (ages 50+)

Friday, October 6, 9:30 a.m. check-in at center.

Fee: \$2 transportation fee. Bring lunch, water, and sunscreen. Wear appropriate footwear and clothing.

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Van leaves center at 10 a.m. Space is limited. Advance registration required.

National Chili Week Luncheon (ages 50+)

Friday, October 6, 11 a.m.

Fee: \$3

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Enjoy three different chili dishes, cornbread, salad and dessert. Make reservation by October 4.

-more-

Red Hat Society Picnic (ages 50+)

Friday, October 6, 11:30 a.m.

Fee: \$5. Advance ticket purchase required. Tickets on sale now.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

All Red Hat Society members are invited to attend an outdoor picnic with an afternoon of entertainment.

Fish Fry (ages 50+)

Friday, October 6, 11:30 a.m.

Fee: \$6, includes catfish lunch with all the fixin's. Advance registration required.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free 4th Annual United Today & Always/Unidos Hoy y Siempre Celebration (all ages)

Friday, October 6, 7 to 9 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Celebrate the rich Hispanic culture with music, dance, poetry, arts and crafts displays.

Free Quilt Artists' Reception (all ages)

Saturday, October 7, 1 to 3 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Everyone is invited to meet the artists who made the quilts on display in the gallery.

Free Derfelt Senior Center Gallery Quilt Exhibition (all ages)

October 7-31, 9 a.m. to 3 p.m., Monday-Friday

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Free Coffee Talk Senior Law Project Outreach (ages 60+)

Monday, October 9, 9:30 to 11 a.m. Coffee and doughnuts provided.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Receive answers to your legal questions concerning wills, health care, financial issues, etc.

AARP 55 Alive/Mature Driving Program (ages 50+)

Fee: \$10; Pre-registration required. Call 257-9555 to register.

Nevada law allows for a discount on auto insurance premiums when course is successfully completed.

Monday, October 9, 8 a.m. to 4 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Monday and Tuesday, October 16-17, 5 to 9 p.m. Must attend both sessions.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Monday and Tuesday, October 16 and 18, 9:30 a.m. to 1 p.m. Must attend both sessions.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Tuesdays, October 17 and 24, 8:30 a.m. to 12:30 p.m. Must attend both days.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Wednesday and Thursday, October 18-19, noon to 4 p.m. Must attend both sessions.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Wednesdays, October 18 and 25, 1 to 5 p.m. Must attend both sessions.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Monday, October 23, 8 a.m. to 4 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

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Free Health Services Day (ages 50+)

Tuesday, October 10, 10:30 a.m.

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Take advantage of free blood pressure checks, eye screenings, chair massages, toenail clippings, bone mineral density testing, hearing exams, spinal alignment exams, denture evaluations, legal assistance, organ donor cards, medical identification cards and healthcare counseling.

Passionately Pink for the Cure™ Program (ages 50+)

Wednesday, October 11, 10 a.m.

Fee: \$3; tickets must be purchased in advance.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

This fundraising and educational program from the Susan G. Koman Foundation will be fun and informative. Prizes will be awarded for Best Pink Outfit, Most Creative Use of Pink, Best Pink Decoration, Most Creative Use of Pink Ribbon, and more.

Bunco (ages 50+)

Wednesday, October 11, 1 to 3:30 p.m.

Fee: \$1 per session

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Read Labels First Free Workshop (ages 50+)

Thursday, October 12, 10 to 11:30 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Let our health speaker teach you how to interpret the information on food labels to distinguish between healthy and not-so-healthy food products.

Park Ambassadors Meeting (ages 50+)

Thursday, October 12, 10 a.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Volunteers are needed to greet visitors, distribute information and report maintenance needs in the city's parks. Enjoy the city's parks while serving your community and your neighbors.

Oktoberfest (ages 50+)

Thursday, October 12, 11 a.m. to 1 p.m.

Fee: \$4

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Enjoy live entertainment and bratwurst, sauerkraut, hot German potato salad, sweet-and-sour beans and German chocolate cake at this Bavarian blast.

Health Care Planning Workshop (ages 50+)

Tuesday, October 12, 11 a.m. Pre-registration required.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Learn how to plan for your healthcare needs, including durable power of attorney.

Free Foot Care Clinic (ages 50+)

Thursday, October 12, 1 to 3 p.m. Call early for an appointment.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

CPR/AED/First-Aid Instruction (ages 50+)

Thursday, October 12, 3 to 5:30 p.m.

Fee: \$25. Earn 2-year certification accepted by CCSD.

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

CPR Connection teaches CPR and first-aid techniques. Pre-registration is required.

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Free Cooking Workshop (ages 50+)

Thursday, October 12, 4:30 to 5:30 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Learn to cook low-fat, healthy recipes. Register in advance.

Pahranagat Valley Wildlife Refuge Day Trip (ages 50+)

Friday, October 13, 8:30 a.m. to 3:30 p.m. Advance registration required.

Fee: \$2 transportation fee. Bring a sack lunch, water and camera.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Wear hiking footwear and clothing to spend the day with many species of birds and wildlife.

Free Senior Law Project Outreach Legal Counseling (ages 60+)

Friday, October 13, 9 to 11 a.m.

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Appointment required. Call 229-6596 for appointment. Receive advice and assistance in legal matters.

Breakfast & Movie at Texas Station (ages 50+)

Friday, October 13, 9 a.m. to 3 p.m. Van leaves at 9 a.m.

Fee: \$2 transportation fee, plus cost of buffet and movie.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Free Small Claims Court Seminar (adults)

Friday, October 13, 1 to 2 p.m.

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Judge Natalie Tyrrell discusses how to maneuver the small claims court process.

Free Amputee Coalition of Nevada Seminar (adults)

Friday, October 13, 1 to 3 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Speakers discuss new information and technology for amputees and diabetics.

CPR/AED/First-Aid Instruction (ages 50+)

Saturday, October 14, 10 a.m. to 1 p.m.

Fee: \$25 payable to instructor. Earn 2-year certification accepted by CCSD.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

CPR Connection teaches CPR and first-aid techniques. Pre-registration is required.

Free Coffee Talk Senior Law Project Outreach (ages 60+)

Monday, October 16, 8:30 to 10 a.m. Coffee and doughnuts provided.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Receive answers to your legal questions concerning wills, health care, financial issues, etc.

Free Chat with Gilbert Eisner (ages 50+)

Monday, October 16, 1 to 3 p.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Hear first-hand experiences about NASA programs, including Gemini, Titan3, ComSat and Apollo.

Refreshments will be served.

Free Vision Screening (ages 50+)

Tuesday, October 17, 9 to 10:30 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Shepherd Eye Center technicians will check your vision and your eyes for cataracts and glaucoma.

Limited appointments; please register in advance.

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Free Coffee Talk Senior Law Project Outreach (ages 60+)

Tuesday, October 17, 10:30 a.m. Coffee and doughnuts provided.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Receive answers to your legal questions concerning wills, health care, financial issues, etc.

Senior Travel Club Nellis Air Force Base Trip (ages 50+)

Wednesday, October 18, 10 a.m. to 3 p.m.

Fee: \$2 transportation fee plus money for lunch.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Explore the air force base together. Bring your photo identification.

Investing Workshop (ages 50+)

Wednesday, October 18, 11 a.m. to noon Pre-registration required.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Learn how to start investing, optimize your investment portfolio and identify investment goals.

Free Outreach Reunion Potluck (ages 50+)

Wednesday, October 18, 11:30 a.m.

Fee: Bring a side dish to share. Call to make reservations.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

For all who have participated in the Derfelt Outreach program – come and catch up with old friends.

Seniors in Motion Red Rock Short Hike (ages 50+)

Thursday, October 19, 8:30 a.m. departure. Space is limited.

Fee: \$2

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring lunch and water. Pre-registration required.

Festive Non-alcoholic Drinks (ages 50+)

Thursday, October 19, 10 to 11:30 a.m.

Fee: \$2. Advance registration required.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Learn to make a great-tasting and great-looking beverage for holiday parties. All will want the recipe.

Spooky Speaker (ages 50+)

Thursday, October 19, 10 to 11:30 a.m.

Free admission. Sign up in advance.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Robert Allen with Haunted Vegas Tour tells tales of Old Vegas. Light refreshments will be served.

New Red Hat Society Chapter Forming (ages 50+)

Thursday, October 19, 1 p.m.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Come to the first meeting and join a fantastic group of ladies forming the newest Red Hat chapter.

Pumpkin Carving Contest (ages 50+)

Thursday, October 19, 1 p.m.

Fee: \$2

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Create an easy-to-carve design that will be showcased at the Harvest Festival luncheon. Pumpkins will be judged and winner announced at the luncheon. Pumpkins and tools supplied.

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Las Vegas Senior Idol Talent Show (all ages)

Thursday, October 19, 4 to 6 p.m. Doors open at 3 p.m.

Fee: \$3 in advance, \$5 at the door (until sold out).

Charleston Heights Arts Center, 800 S. Brush Street, (702) 229-6383.

Talented, mature singers, dancers, musicians, comedians and other performers age 50 and older will compete for the coveted title. For more information, call Las Vegas Senior Center at (702) 229-6454.

Advance tickets on sale Sept. 18 at Las Vegas Senior Center.

Free Senior Law Project Outreach Legal Counseling (ages 60+)

Friday, October 20, 9 to 11 a.m.

Doolittle Senior Center, 1950 N. J Street, (702) 229-6125.

Appointment required. Call 229-6596 for appointment. Receive advice and assistance in legal matters.

Breakfast & Movie Club (ages 50+)

Friday, October 20, 9:30 a.m.

Fee: \$2 transportation fee, plus cost of buffet and movie.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Oktoberfest & Carnival (ages 50+)

Friday, October 20, 10 a.m. to 2 p.m.

Fee: \$1 food tickets; \$.25 game booth tickets

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Enjoy an old-fashioned carnival with games, prizes, contests, Oktoberfest bratwurst on buns, German potato salad, Black Forest cake and root beer floats. Races and contests will accept advance registrations. Call the center for more details and flyer.

Tops Bingo! (ages 50+)

Friday, October 20, 10 a.m.

Fee: \$1 per session

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Enjoy a lively game of bingo, healthy refreshments and prizes for winners. Come try your luck!

Downtown Cultural Series Concert & Courthouse Tour (all ages)

Friday, October 20, 10:30 a.m. to 2:30 p.m.

Fee: \$2 transportation fee; bring a sack lunch.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Enjoy lunchtime entertainment by the Glenwillow Trio and a personal tour of the courthouse by Judge Lloyd D. George and staff.

2nd Annual Red Hat Rally (ages 50+)

Friday, October 20, 10:30 a.m. to 1:30 p.m.

Fee: \$10. Limited seating. Purchase tickets in advance.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy live entertainment, three-course luncheon and merchandise vendors. Call 873-3118 for details.

Harvest Festival Luncheon (ages 50+)

Friday, October 20, 11 a.m.

Fee: \$3

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Enjoy meatloaf, baked potato, corn, salad, rolls and dessert. Make reservation by October 18.

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Free Autumn Art Festival (all ages)

Saturday, October 21, 10 a.m. to 2 p.m.

Derfelt Senior Center, 3343 W. Washington Avenue, (702) 229-6601.

Bring the whole family to see local artisans displaying their art and crafts, including a special section for children. Lunch available for purchase. Call the center if you are interested in having a festival booth.

Free Coffee Talk Senior Law Project Outreach (ages 60+)

Monday, October 23, 9 to 10:30 a.m. Coffee and doughnuts provided.

Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Receive answers to your legal questions concerning wills, health care, financial issues, etc.

Digital Camera Club Gold Mining Photo Tour (ages 50+)

Monday, October 23, 10 a.m. to 2 p.m.

Fee: \$2 transportation fee. Bring lunch, water and camera for a monthly field trip.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Chili Cook-off (ages 50+)

Monday, October 23, 11 a.m. to 12:30 p.m.

Fee: \$1 tasting

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Top three chilies will win prizes. Entrants will taste for free. Register in advance to enter.

Lake Las Vegas/Bellagio Hotel Trip and Lunch (ages 50+)

Tuesday, October 24, 9 a.m. to 4 p.m.

Fee: \$2 transportation fee plus cost of lunch

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Enjoy free continental breakfast at Lake Las Vegas, the colorful conservatory at Bellagio and lunch along the way.

Boulder City Labyrinth Trip (ages 50+)

Tuesday, October 24, 9 a.m.

Fee: \$2 transportation fee plus cost of lunch. Advance registration required.

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Labyrinth walking is an ancient form of meditation. Boulder City's labyrinth is patterned after one inside the Chartres Cathedral near Paris, has 11 walking paths and is 51 feet in diameter.

Breakfast & Movie (ages 50+)

Tuesday, October 24, 9:30 a.m. Advance registration required.

Fee: \$2 transportation fee plus cost of buffet and movie.

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Enjoy a breakfast buffet, the latest movie and fun with friends.

Always Needed Medical Info Free Cards (ages 50+)

Wednesday, October 25, 10 a.m. to 1 p.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Bring in your medication bottles and emergency numbers and let us record the information on a medical/emergency information laminated card to carry in your wallet or purse.

Scarytale Brunch (ages 50+)

Wednesday, October 25, 11:30 a.m.

Fee: \$5. Advance purchase of tickets required. Tickets on sale now.

Derfelt Senior Center, 3343 W. Washington Avenue, (702) 229-6601.

Join us if you dare. Dress in costume to feast on frightening foods and enjoy ghoulish games.

Hoe Down & Chili Cook-off (ages 50+)

Wednesday, October 25, 11:30 a.m.

Fee: \$4. Pre-registration required for cook-off.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Kick up your heels for a boot-scootin' good time. Live entertainment, two-stepping and great food! Sign up for the chili cook-off - awards for best overall, most original and best tasting chili.

Photo Scanner Workshop (ages 50+)

Wednesday, October 25, 1 to 3 p.m.

Fee: \$2

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Learn to scan and enhance photos, send them in e-mails and store them digitally.

Bunco (ages 50+)

Thursday, October 26, 1 to 3:30 p.m.

Fee: \$1 per session

Derfelt Senior Citizens Center, 3343 West Washington Avenue, (702) 229-6601.

Haunted Vegas (ages 50+)

Thursday, October 26, 4 p.m.

Fee: \$2. Space is limited. Pre-registration required. Transportation from center included.

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

A spirited and spooky day outing to the haunting grounds of Las Vegas' rich and famous. Hear the inside scoop of ghostly secrets.

CPR/AED/First-Aid Instruction (ages 50+)

Saturday, October 28, 10 a.m. to 1 p.m.

Fee: \$25 payable to instructor. Earn 2-year certification accepted by CCSD.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

CPR Connection teaches CPR and first-aid techniques. Pre-registration is required.

Free Halloween Pumpkin Patch (ages 50+)

Saturday, October 28, 5 to 7:30 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Bring the grandkids or come alone for a fun-filled evening of games, spooky stories contests and more.

Pumpkin Patch Boogie (ages 50+)

Saturday, October 28, 6:30 to 9:30 p.m.

Fee: \$4

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Dress in creative costume to dance the night away. Light refreshments will be served.

Halloween Costume Party & Lunch (ages 50+)

Monday, October 30, 11:30 a.m. to 12:30 p.m.

Fee: \$3. Tickets on sale now.

Doolittle Senior Center, 1950 N. J Street, (702) 229-6125.

Wear a costume to enjoy a ghoulish lunch and a spooktacular time. Prizes awarded in costume contest.

Free Pumpkin Patch Parade of Costumes (ages 50+)

Monday, October 30, 12:30 to 2 p.m.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Dress in creative costume to compete for Best, Most Original, Scariest and Funniest Costume prizes.

Boogie in our cake walk and join in other activities to celebrate Halloween. Light refreshments served.

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Halloween Adventure (ages 50+)

Tuesday, October 31, 8 a.m.

Fee: \$2 transportation fee plus cost of lunch buffet

Northwest Senior Center, 6841 West Lone Mountain Road, (702) 229-4794.

Tour "Sin City's" scary sights, hear ghost stories, see crime scenes and mystery locations, enjoy buffet.

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